



JUNE 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 YOGA 12:30PM 1701 Peaceful Meadows STE A4	2 Walking Club 11AM Mall Del Norte Cinemark Entrance	3 Art Class 1:00PM San Martin de Porres Room 4	4 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	5 NO ACTIVITY	6 BINGO FUNDRAISER 1PM-3PM 7718 Mcpherson Rd.
8 Monthly Meeting 6PM San Martin de Porres Family Life Center	9 Walking Club 11AM Mall Del Norte Cinemark Entrance	10 Art Class 1:00PM San Martin de Porres Room 4	11 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	12 Luncheon 11AM Laredo Medical Center 1700 E Saunders St	13
15 YOGA 12:30PM 1701 Peaceful Meadows STE A4	16 Walking Club 11AM Mall Del Norte Cinemark Entrance	17 Art Class 1:00PM San Martin de Porres Room 4	18 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	19 Open Gym 11AM Haynes Recreation Center 2102 Clarks Crossing Drive	20
22 YOGA 12:30PM 1701 Peaceful Meadows STE A4	23 Walking Club 11AM Mall Del Norte Cinemark Entrance	24 Art Class 1:00PM San Martin de Porres Room 4	25 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	26 Luncheon 11AM Laredo Medical Center 1700 E Saunders St	27
29 Tardiada de Platica 6PM San Martin de Porres Caregivers Meeting 6PM San Martin de Porres	30 Walking Club 11AM Mall Del Norte Cinemark Entrance	*If you have any question please call Karla at (956) 775-5774 or Cintya (956) 775-6706 Schedule is subject to change			