



SEPTEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED	2 Book Club 1PM San Martin de Porres Room 4	3 Art Class 1:00PM San Martin de Porres Room 4	4 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	5 Water Cycling 10AM Inner City Pool 202 W. Plum	6
8 Monthly Meeting 6PM San Martin de Porres Family Life Center	9 Book Club 1PM San Martin de Porres Room 4	10 Art Class 1:00PM San Martin de Porres Room 4	11 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	12 Water Cycling 10AM Inner City Pool 202 W. Plum	13 Walking Club 9AM Mall Del Norte Cinemark Entrance
15 YOGA 12:30PM 1701 Peaceful Meadows STE A4	16 Walking Club 11AM Mall Del Norte Cinemark Entrance	17 Art Class 1:00PM San Martin de Porres Room 4	18 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	19 Water Cycling 10AM Inner City Pool 202 W. Plum	20
22 YOGA 12:30PM 1701 Peaceful Meadows STE A4	23 Walking Club 11AM Mall Del Norte Cinemark Entrance	24 Art Class 1:00PM San Martin de Porres Room 4	25 Exercise & Strengthening 11AM 1605 Del Mar Blvd Unit 114	26 Water Cycling 10AM Inner City Pool 202 W. Plum	27
29 YOGA 12:30PM 1701 Peaceful Meadows STE A4 Tardiada de Platica 6PM San Martin de Porres Caregivers Meeting 6PM San Martin de Porres	30 Walking Club 11AM Mall Del Norte Cinemark Entrance				

you have any question please call Karla at (956) 775-5774 or our Program Coordinator (956) 473-9
Schedule is subject to change