November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 **YOGA 12:30PM** 1701 Peaceful Meadows STE A4	3 **Walking Club 11AM** Mall Del Norte Cinemark Entrance	4 **Art Class 1:00PM** San Martin de Porres Room 4	5 **Open Gym 11AM** Haynes Recreation Center 2102 Clarks Crossing Drive	6 **Luncheon 11AM** Laredo Medical Center 1700 E Saunders St	7 **Rota Run** International Park 4:00pm -9:00m
9 **Monthly Meeting 6PM** San Martin de Porres Family Life Center	10 **Walking Club 11AM** Mall Del Norte Cinemark Entrance	11 **Art Class 1:00PM** San Martin de Porres Room 4	12 **Exercise & Strengthening 11AM** 1605 Del Mar Blvd Unit 114	13 **Drumming Class 11AM** San Martin de Porres Room 4	14 OFF
16 **YOGA 12:30PM** 1701 Peaceful Meadows STE A4	17 **Walking Club 11AM** Mall Del Norte Cinemark Entrance	18 **Art Class 1:00PM** San Martin de Porres Room 4	19 **Exercise & Strengthening 11AM** 1605 Del Mar Blvd Unit 114	20 **Drumming Class 11AM** San Martin de Porres Room 4	21 OFF
23 **Thanksgiving Lunch 12PM** San Martin de Porres Family Life Center	24 **Walking Club 11AM** Mall Del Norte Cinemark Entrance	25 **Art Class 1:00PM** San Martin de Porres Room 4	26 **OFF**	27 **OFF**	28 **OFF**
30 **YOGA 12:30PM** 1701 Peaceful Meadows STE A4 **Tardiada de Platica 6PM** San Martin de Porres **Caregivers Meeting 6PM** San Martin de Porres					

***If you have any question please call Maria Garcia at 956-775-5774 or Cintya Medina 956- 775-6706**

Schedule is subject to change